



SARAH MOODY  
CONSULTING & COACHING

# INFLUENCING & CREATING CHANGE

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☎ 406.471.1491

✉ coachsarahmoody@gmail.com

🌐 sarah.moody.coach

## FOR LEADERS AT ALL LEVELS

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The ability to authentically influence situations and outcomes, while staying in alignment with personal values, is key to creating meaningful change. Building an awareness of the ways that people are constantly either consciously or unconsciously influencing those around them is the first step in becoming more intentional and thoughtful in making change.

## ABOUT OUR WORKSHOP

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Participants will develop an understanding of the complexities and nuances of influencing and what step they can take to expand their own personal influence. Through developing their own models of their personal influence, participants will build an understanding of their connections and where there may be gaps. Participants will learn keys to influencing and what actionable steps they can take to be more successful in creating alignment around a vision and executing change.

**DURATION:** 4-6 hrs

**PARTICIPANTS:** 10 minimum; 40 maximum

**SCHEDULE:** Contact to schedule a program